

Week 1

Monday

Garlic and Ginger Glazed Salmon Served with Sauté Potatoes, Petit Poi Pea's,
and Lemon Butter Sauce

Or

Goat's Cheese and Apricot Tart Served with Sauté Potatoes and Petit Poi Pea's

Pudding

Spiced Bread & Butter Pudding Cooked In Coconut Milk Topper with
Caramelised Banana and Orange Zest

Or

Crème Brule Served with Vanilla Shortbread Biscuits

Tea Time

Homemade Vegetable & Lentil Soup Served with Bread Roll and Butter

And

Selection of Sandwiches

Pudding

Carrot Cake with Cream Cheese Frosting

Or

Classic English Scones Served with Clotted Cream and Cherry Jam

Or

Vanilla Ice Cream

Week 1

Tuesday

Pork and Leek Sausages Served with Colcannon Mashed Potato, Green Beans
and Red Win Gravy

Or

Roasted Cherry Spinach Tart Served with New Potatoes and Green Beans

Pudding

Ultimate Sticky Toffee Pudding Served with Butterscotch Sauce and Ice Cream

Or

Apricot and Fig Crumble Served with Vanilla Ice Cream

Tea Time

Meat and Potato Pie Served with Minted Mushy Peas

And

Selection of Sandwiches

Pudding

Winter Berry Fruit Salad and Cream

Or

Triple Chocolate and Hazelnut Brownie's

Or

Vanilla Ice Cream

Week 1

Wednesday

Calf's Liver and Bacon in rich red wine gravy Served with Mashed Potato,
Carrots and Broccoli

Or

Ham & Vegetable Pot Pie Topped with Puff Pastry Served with Mashed Potato,
Carrots and Broccoli

Pudding

Coconut Milk Rice Pudding with Raspberry Puree

Or

Spiced Cherry and Strawberry Pie with Ice Cream#

Tea Time

Hot Dog's with Fried Onions and Sauces

And

Selection of Sandwiches

Pudding

Lemon Drizzle Cake

Or

Strawberry Trifle

Or

Vanilla Ice Cream

Week 1 Thursday

Traditional Cottage Pie Served with Savoy Cabbage, Pea's and Gravy

Or

Cheese and Chive Kiev's Served with Sauté Potatoes and Pea's

Pudding

Apple Crumble Served with Custard with Roasted Topped Almond's

Or

Spotted Dick Served with Ice Cream or Custard

Tea Time

Margaretta Pizza or Vegetable Pesto Pizza

And

Selection of Sandwiches

Pudding

Classic Victoria Sandwich Cake

Or

Fruit and Nut Load

Or

Vanilla Ice Cream

Week 1

Friday

Beer Battered Fish Served with Chips and Mushy Peas

Or

Pork and Stuffing Wrapped in Puff Pastry Served with Chips, Pea's and Gravy

Pudding

Carrot and Walnut Pudding Served with Custard

Or

Winter Berry Trifle with a Blackberry Swiss Roll Base

Tea Time

High Tea

Roast Beef Sandwiches with Watercress, Horseradish and Mayonaise

Cheese and Red Onion Sandwiches

Ham and Cheese Sandwich

Cucumber and Cream Sandwiches

Pudding

Classic English Scones Served with Clotted Cream and Cherry Jam

Or

Chocolate Eclairs

Or

Coconut Buns

Week 1

Saturday

Pork Casserole with Mulled Apple Sauce Served with Creamy Mashed Potato,
Sautéed Brussel Sprouts and Honey Roasted Carrots

Or

Beef Lasagne Served with Chips and Garlic Bread

Pudding

Raspberry and Blackberry Steamed Pudding Served with Custard

Or

Lemon and Orange Syrup Sponge Pudding Served with Custard

Tea Time

Tomato and Basil Soup Served with Bread Roll and Butter

Or

Selection of Sandwiches

Pudding

Strawberry Mousse

Or

Salted Caramel Brownies

Or

Vanilla Ice Cream

Week 1

Sunday

Roasted Chicken Wrapped in Parma Ham Served with Beef Dripping Roast Potatoes, Sauté Brussel Sprouts, Honey Roasted Carrots, Tarragon and Lemon Stuffing and Rich Gravy

Pudding

Apple and Blackberry Crumble Served with Custard

Or

Peach and Cream Tart Served with Fresh Cream

Tea Time

Sausage Roll's and Pork Pies

And

Selection of Sandwiches

Pudding

Chocolate and Hazelnut Trifle

Or

Egg Custard Topped with Nutmeg

Or

Vanilla Ice Cream

Week 2

Monday

Smoked Haddock and Fennel Fishcakes Topped with Poached Egg and
hollandaise sauce Served with New Potatoes and Broccoli

Or

Minced Beef Pie Topped with Puff Pastry Served with Mashed Potato and
Green Beans

Pudding

Toffee and Apple Slice Served with Custard

Or

Cherry Bakewell Served with Cream

Tea Time

Cheese on Toast

And

Selection of Sandwiches

Pudding

Peach and Fresh Cream

Or

Classic English Scones Served with Clotted Cream and Cherry Jam

Week 2

Tuesday

Fisherman's Pie Served with Buttered Leek's, Carrots and Pea's

Or

Minted Lamb Stew Served with Roast Potatoes, Buttered Leek's, Carrots and
Pea's

Pudding

Ginger Syrup Steam Pudding Served with Custard

Or

Chocolate Brownie Served with Chocolate Sauce and Ice Cream

Tea Time

Garlic and Cheese Flatbreads

And

Selection of Sandwich's

Pudding

Coconut Cream Muffin's

Or

Raspberry and Lemon Buns

Or

Vanilla Ice Cream

Week 2

Wednesday

Traditional Cottage Pie Served with Roasted Carrots, Savoy Cabbage and Gravy

Or

Goat's Cheese Tart Served with Potatoes and Carrots

Pudding

Lemon Meringue Pie

Or

Rhubarb and Apple Crumble

Tea Time

High Tea

And

Selection of Sandwiches

Pudding

Lemon Drizzle Cake

Or

Strawberry Trifle

Or

Vanilla Ice Cream

Week 2

Thursday

Hickory's BBQ Chicken Potato Bake Served with Sauté Potato's and Buttered
Sweetcorn

Or

Scampi Served with Chips, Pea's, and Tartar Sauce

Pudding

Honeycomb and Chocolate Cheesecake

Or

Cherry Trifle

Tea Time

Corn beef Hash

And

Selection of Sandwiches

Pudding

Double Chocolate Chip Muffins

Or

Fresh Fruit Salad

Or

Vanilla Ice Cream

Week 2

Friday

Breaded Cod Served with Chips, Mushy Pea's and Tartar Sauce

Or

Battered Sausage Served with Chips and Pea's

Pudding

Apricot and Cream Tart

Or

White Chocolate Oreo Cheesecake

Tea Time

Leek and Potato Soup

And

Selection of Sandwiches

Pudding

Coffee and Walnut Cake

Or

Orange and Peach Sponge Cake

Or

Ice Cream

Week 2

Saturday

Roast Beef and Dumplings Served with Mashed Potato, Cabbage and Swede

Or

Cheese Kiev's, Chips and Peas

Pudding

Rice Pudding

Or

Winterberry Sponge Cake Served with Custard

Tea Time

Sausage Rolls and Pork Pies

And

Selection of Sandwiches

Pudding

Vanilla Slice

Or

Fruit and Cream

Or

Vanilla Ice Cream

Week 2

Sunday

Roast Pork and Apple Sauce Served with Roasted Potatoes, Cauliflower Cheese
Topped with Bacon, Stuffing, Yorkshire Pudding and Gravy

Pudding

Lemon and Lime Mousse

Or

Apple Pie Served with Custard

Tea Time

Meat Feast Pizzas

Or

Selection of Sandwiches

Pudding

Chocolate Eclairs

Or

Fruit Loaf

Or

Vanilla Ice Cream

Theme Nights at Mayfield House

Our Principle Chef and his team have introduced theme nights at supper time so our residents have a more enjoyable dining experience here some of our examples

Afternoon Tea

Classic Scone's with Jam and Clotted Cream, Angel Cake, Lemon Drizzle Cake, Chocolate Eclairs

Sandwiches – Smoked Salmon, Egg Mayo and Cress, Cucumber and Cream Cheese, Beef Watercress and Horseradish Mayo, and Cheese and Chutney

Italian Night

Homemade Pizza's – Margareta, Pepperoni, Vegetable Pesto

Amaretti Cheesecake and Tiramisu

French Finesse

Marseille Style Stew, French Onion Soup

French Chocolate Truffles, French Fig Tart and Crème Brulé

1950's

Beef Bourguignon Stew Served with Crusty Bread and Meat Loaf

Black forest Gateaux and Banana Splits

Chippy Tea In Our Own Pub

Chips In a Cone, Fish Bites, Minted Mushy Peas, Pickled Eggs and a Beer To Wash It Down With